

- \*\*They tend to be very suspicious and imagine wrong intentions when none may exist – they tend to complain and whine
- \*\*Often is a hypochondriac – complaining continually or exaggerating insignificant ailments – fears grave illness
- \*Has difficulty with fear – of failure, of others, of conflict – which causes them to remain silent when their input could help

\*\*\*Advice\*\*\*

- \*\*\*They must learn to cultivate the attitude that things are not as bad as they imagine – that they see things from the viewpoint of a pessimist and resist depression
- \*\*\*It is wise to keep them occupied so they have little chance to brood or over analyze, but should avoid getting overburdened
- \*\*\*They need to be less critical of the faults of others and learn to use their five senses
- \*\*\*It is essential to be patient and sympathetic toward this personality type – gain their confidence and show unselfish, unconditional love – they will unfold like a rosebud that blooms for the sun. Always be encouraging and avoid making them feel pressured or nervous – help them to see that there is good in themselves – and in the world around them.

